**Flag Rugby**

**(Central Alabama Youth Rugby)**

**Season is May 7 – July 14, 2018**

**Registration opened 2/1/18**

**(or all ages can try for free every 2nd Sunday of every month at 2pm)**

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|  | **U12 (Age 6-11)** | **U15 (Age 11-14)** | **U19 (Age 14-18)** |
| **Style** | CoEd Flag Rugby | Tackle or Flag Rugby 7 on 7 | Tackle Rugby 7 on 7 |

-To register or see more info about the **youth, men’s, or upcoming women’s** program visit [www.birminghamrugby.com/youth-3/](http://www.birminghamrugby.com/youth-3/)

-or feel free to contact [michaellaney@birminghamrugby.org](mailto:michaellaney@birminghamrugby.org) or call 205-903-3408